ÁEGIS LIVING’S
Transform
A Life

California Assisted Living
CALA
Association

455 Capitol Mall, Suite 222
Sacramento, CA 95814
Tel: (916) 448-1900
Fax: (916) 448-1659
www.CAassistedliving.org
Goals

Áegis Living’s *Transform a Life* program transforms the lives of everyone involved. Participants are tasked with impacting the lives of someone else, but the real result is a transformation for both recipients and participants.

How it Works

Random teams, comprised of general managers, operations staff, and senior managers, set out to identify a family, organization, or individual in need of assistance. With a starting budget of $500, and a timeline of eight weeks, each team takes off in different directions as they plan, organize, and develop their strategies to help the beneficiary that they have identified. The goal is to address a greater need rather than be a quick fix. Teams are free to be creative in meeting that goal; this can include raising additional funds, cooperating with other organizations, or pooling resources in innovative ways. When the eight weeks are up, teams present an update of their efforts and successes at Áegis’ annual leadership conference, known as EPIC (Empowering People, Inspiring Consciousness).

Lives Changed

- One team helped prepare meals for 250 people in cooperation with San Diego–based *Kitchens for Good*, which rescues blemished or cosmetically imperfect food that might otherwise go to waste.
- Another team partnered with *Just in Time*, an organization that assists young adults that age out of foster care, and was able to provide support that allowed a student to earn her certification as a medical assistant.
- One team was able to establish a college fund for the children of an acquaintance that lost her battle to cancer at age 38. The youngest daughter was even able to travel to EPIC and sing a tribute to her mother.
- Yet another team was able to support an individual and his family that lost their home and possessions in the 2017 Napa fires; funds were raised that allowed him to purchase a new trailer and get back to his landscaping work.

TESTIMONIALS

“This is the push and support I needed to move forward... I am extremely grateful for Áegis Living for helping me get started and filling this gap of need.”

- Josie, Former Foster Child, Just in Time Program Participant

“...the best part is continuing to work and volunteer with this amazing organization. Mentoring these strong diverse young adults has been much more rewarding for me than to them.”

- Lee Kaufmann, General Manager, Áegis of Laguna Niguel

For more information about the Transform a Life Program, contact:

Chris Corrigall
Vice President, Life Enrichment
Áegis Living
Chris_Corrigall@aegisliving.com
425-284-1622 (Office)