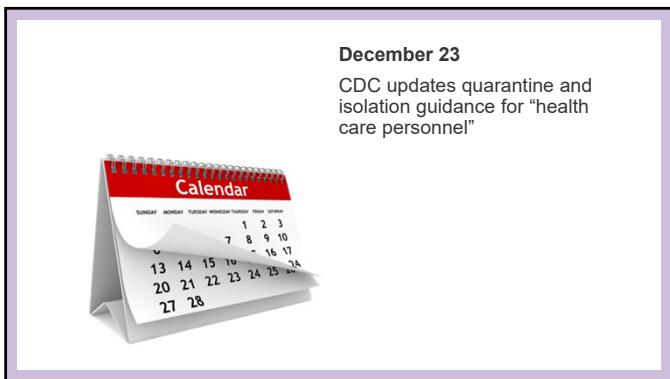




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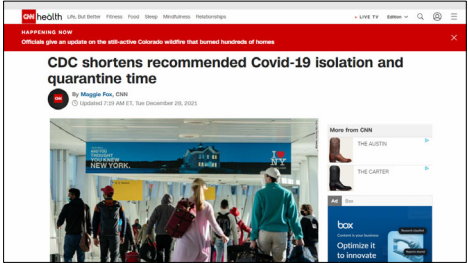
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December 23
CDC updates quarantine and isolation guidance for "health care personnel"

December 27
CDC updates quarantine and isolation guidance for "general public"

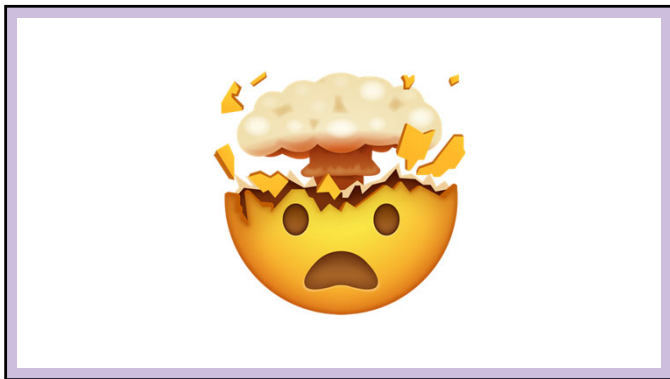
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CDC shortens recommended Covid-19 isolation and quarantine time

By Maggie Fox, CNN
Updated 7:28 AM ET, Tue December 28, 2021

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Quarantine	Isolation
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7

Quarantine	Isolation
You have been exposed to someone with COVID-19	
You have not yet tested positive	

8

Quarantine	Isolation
You have been exposed to someone with COVID-19	You have tested positive for COVID-19
You have not yet tested positive	

9

Which One Do I Follow?

Healthcare	General Public
Community staff Residents Third party professionals	Visitors Office staff who do not work in the community

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Follow state and county guidance

11

Follow medical provider guidance

12

Quarantine

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Exposure

- Within 6 feet of someone with COVID-19
- For 15 minutes or more (in a 24 hour period)
- Without proper PPE

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Staff or Residents

Vaccination Status	Timeframe	Notes
Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR Completed the primary series of J&J vaccine within the last 2 months	0 days	No quarantine required Test on days 2 and 5

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Staff or Residents

Vaccination Status	Timeframe	Notes
Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&J vaccine over 2 months ago and are not boosted OR Are unvaccinated	7 days	Quarantine for 7 days with a negative test Or Quarantine 10 days without testing

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General Public

Vaccination Status	Timeframe	Notes
Have been boosted OR Completed the primary series of Pfizer or Moderna vaccine within the last 6 months OR Completed the primary series of J&J vaccine within the last 2 months	0 days	No quarantine required Wear a mask around others for 10 days Testing on day 5 is recommended

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General Public

Vaccination Status	Timeframe	Notes
Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted OR Completed the primary series of J&J vaccine over 2 months ago and are not boosted OR Are unvaccinated	5 days	Quarantine for 5 days Wear a mask around others for another 5 days Testing on day 5 is recommended

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Isolation

19

Work Restrictions for HCP With SARS-CoV-2 Infection and Exposures


HCP are considered "boosted" if they have received all COVID-19 vaccine doses, including a booster dose, as recommended by CDC. HCP are considered "vaccinated" or "unvaccinated" if they have NOT received all COVID-19 vaccine doses, including a booster dose, as recommended by CDC.

For more details, including recommendations for healthcare personnel who are immunocompromised, refer to Interim Guidance for Managing Healthcare Personnel with SARS-CoV-2 Infection or Exposure to SARS-CoV-2 (conventional standards) and Strategies to Mitigate Healthcare Personnel Staffing Shortages (contingency and crisis standards).

Work Restrictions for HCP With SARS-CoV-2 Infection			
Vaccination Status	Conventional	Contingency	Crisis
Boosted, Vaccinated, or Unvaccinated	10 days OR 7 days with negative test, if asymptomatic or mildly symptomatic (with improving symptoms)	5 days with/without negative test, if asymptomatic or mildly symptomatic (with improving symptoms)	No work restriction, with prioritization considerations (e.g., asymptomatic or mildly symptomatic)

Work Restrictions for Asymptomatic HCP with Exposures			
Vaccination Status	Conventional	Contingency	Crisis
Boosted	No work restrictions, with negative test on days 2 nd and 5-7	No work restrictions	No work restrictions
Vaccinated or Unvaccinated, even if within 90 days of prior infection	10 days OR 7 days with negative test	No work restriction with negative tests on days 1 st , 2 nd , 3 rd , & 5-7	No work restrictions (test if possible)

†Negative test result within 48 hours before returning to work.
*For calculating day of test: 1) For those with infection consider day of symptom onset or first positive test if asymptomatic; 2) For those with exposure consider day of exposure on day 0.

 [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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 [cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

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Sufficient Staff

- Return in **7 days**
- After symptom onset or positive test
- Must have a negative test before returning
- Test on day 5 (PCR or antigen)
- If no test, return in 10 days

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Staffing Challenges

- CDC contingency staffing guidelines
- Return in **5 days**
- Do not have to retest
- Symptoms resolving (if any)

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Residents

- Clear in 10 days
- After symptom onset or positive test
- Do not have to retest
- Symptoms resolving

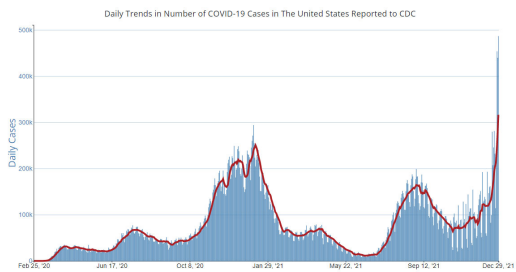
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Follow state and county guidance

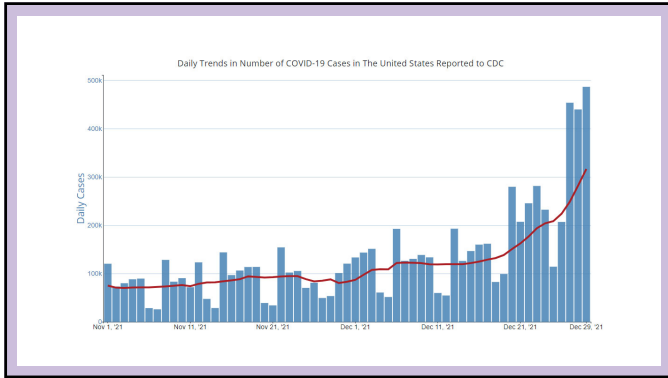
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Current COVID Situation

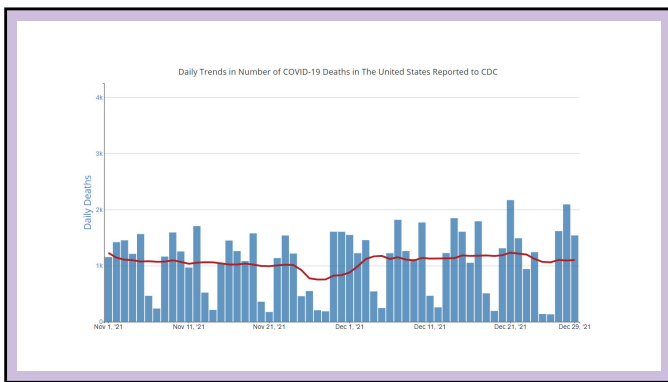
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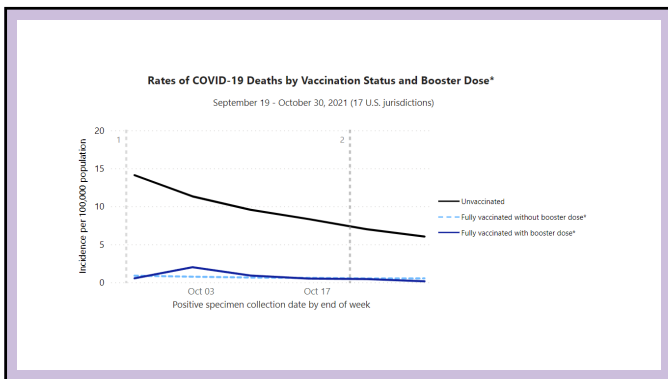
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COVID-19
Quarantine and Isolation
Guidelines

ALLEN FLORES
CONSULTING GROUP
