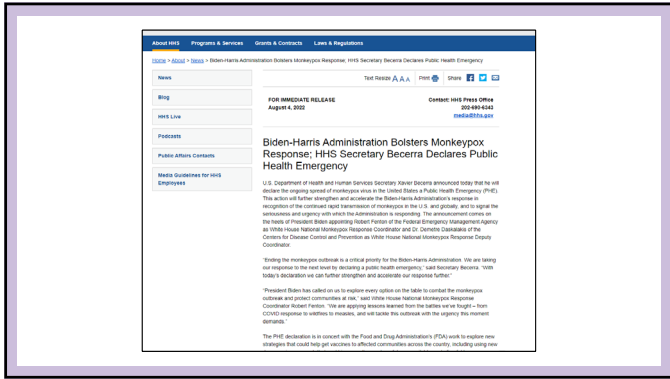
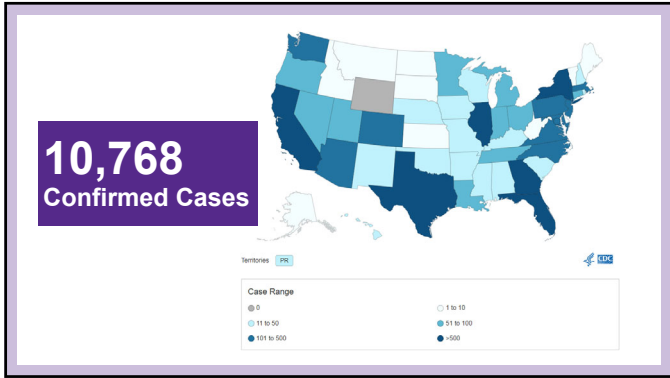




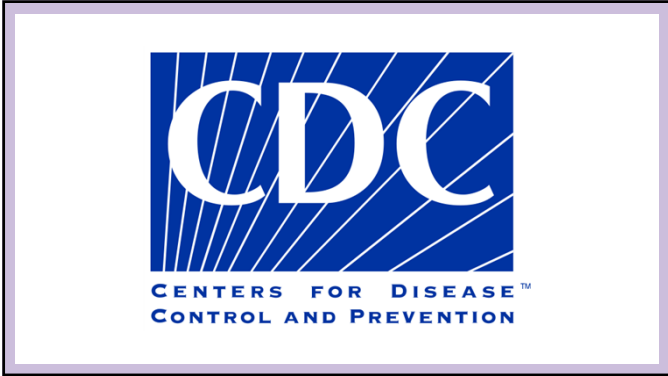
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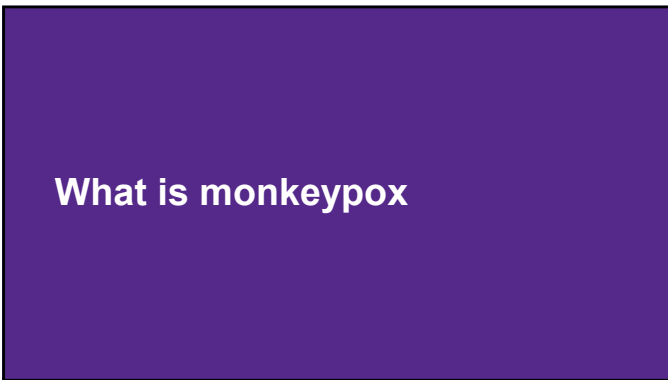
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What is Monkeypox

- Not a new disease
- Rare
- Caused by the monkeypox virus
- Same family as the virus that causes smallpox
- Rarely fatal

A microscopic image of a monkeypox virus particle, showing a large, spherical, orange-red structure with a textured surface, surrounded by smaller, similar particles against a dark blue background.

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Signs and Symptoms

- Fever
- Chills
- Swollen lymph nodes
- Exhaustion
- Muscle aches and backache
- Headache
- Respiratory symptoms (e.g. sore throat, nasal congestion, or cough)

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Rash

- Located on or near the genitals or anus
- Hands, feet, chest, face, or mouth
- Goes through several stages, including scabs
- Initially looks like pimples or blisters
- May be painful or itchy

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Rash



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Signs and Symptoms

- Sometimes, people have flu-like symptoms before the rash.
- Some people get a rash first, followed by other symptoms.
- Others only experience a rash.

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Duration/Timeframe

- Symptoms start within 3 weeks of exposure
- Rash usually develops 1-4 days after flu like symptoms
- Typically lasts 2-4 weeks

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How it is spread

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How it is Spread

- Close, personal, often skin to skin contact
- Intimate contact
- Pregnant woman to the baby
- Infected animals



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Direct Contact

- Direct contact with monkeypox rash, scabs, or body fluids from a person with monkeypox
- Touching objects, fabrics (clothing, bedding, or towels), and surfaces that have been used by someone with monkeypox
- Contact with respiratory secretions

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Intimate Contact

- Oral, anal, and vaginal sex or touching the genitals or anus
- Hugging, massage, and kissing
- Prolonged face to face contact
- Touching fabrics or objects during sex

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Contagious Period

- From the time symptoms start
- Until the rash is healed, all scabs have fallen off, and fresh layer of skin has formed
- 2-4 weeks

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Prevention and exposure

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Prevention

- Avoid close, skin-to-skin contact with people who have a rash that looks like monkeypox
- Avoid contact with objects and materials that a person with monkeypox has used
- Wash your hands often

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If You Have Symptoms

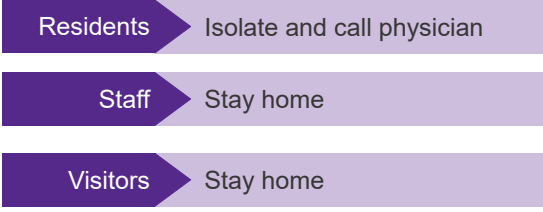
If you have an unexplained rash or other symptoms:

- Avoid close contact
- See your medical provider
- Wear a mask



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If you have Symptoms



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Exposure

- Monitor for signs/symptoms for 21 days
- Can continue routine daily activities
- Quarantine not required
- High risk exposure may need post exposure prophylaxis (PEP)

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Degree of Exposure

Higher	Intermediate	Lower	No Risk
<ul style="list-style-type: none"> Broken skin or mucous membrane contact Sexual or intimate contact 	<ul style="list-style-type: none"> Within 6 feet for a total of 3 hours or more Intact skin contact Clothing contact 	<ul style="list-style-type: none"> Being in the same living space No other exposure 	<ul style="list-style-type: none"> No contact with the individual, materials, or living space No other exposure
<ul style="list-style-type: none"> Monitor PEP recommended 	<ul style="list-style-type: none"> Monitor PEP by physician recommendation 	<ul style="list-style-type: none"> Monitor PEP not recommended 	<ul style="list-style-type: none"> No monitoring PEP not recommended

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Active cases

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Responding to Monkeypox Case(s) in Your Community

- Confirm the exposure
- Communicate with staff, residents, and responsible parties
- Identify possible exposures
- Clean and disinfect
- Avoid spreading dry material from lesions

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Isolation

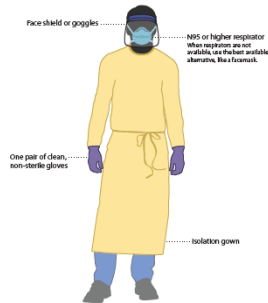
- Private room
- Private bathroom
- Until fully healed (2-4 weeks)
- Appropriate PPE
- Limit to essential visitors



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PPE

- Gown
- Gloves
- Eye protection
- N95 or higher respirator



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Waste / Environment

- Regulated medical waste
- Standard cleaning and disinfection
- Handle laundry gently and separately
- Avoid sweeping or vacuuming
- Normal food service protocols

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Treatment

- Physician and health department
- Drugs and vaccines used to treat smallpox can be effective
- Antiviral medications
- Most people recover without the need for treatment

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California

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Emergency Infection Control Plan

- Regulation 87470
- Governor declared a public health emergency on August 1
- Submit within 15 calendar days
- Train staff within 10 calendar days
- Review every 30 days

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